

AROUND THE FIVE TOWNS

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sure to be the event of the season—not to be missed! Come enjoy a day of fabulous shopping and delicious food.

The Pop-Up Shoppe's coordinators look forward to welcoming community and friends on December 3, 12:00–9:00 p.m. at Beth Shalom, 390 Broadway in Lawrence. ❖

Soup's Up At HAFTR's Early Childhood Center

As part of their *parashah*-learning this week, the Pre-K children in HAFTR cooked lentil soup. The children got together to peel, chop, mix, and read



the recipe as a community. Chopping celery, peeling carrots, stirring, and mixing are all actions that develop children's small-muscle control and eye-hand coordination. Cooking activities inspire children's curiosity. They learn comparative terms as they measure items for a recipe. They develop problem-solving skills through experimentation and observe cause and effect when they watch the ingredients come together to form something delicious. However, making soup is not just an exercise in math and science; when you see life through a Jewish lens, cooking becomes so much more. The ingredients used will determine which *berachah* to recite before eating. Sharing one's food provides us with the opportunity to practice *chesed* as we saw the *Avos* and *Imahos* perform. Sharing in Hashem's bounty gives us a reason to thank Hashem for watching over us. ❖

Standing Room Only At HANC High School Open House

HANC High School welcomed eighth-grade students and their parents to its annual open house on Sunday, November 16. The program began with opening remarks from HANC's *menahel*, Rabbi Shlomo Adelman, who discussed the excellence and vibrancy that define this outstanding yeshiva. The standing-room-only crowd then heard from Michelle Hoch, who described her high-school experience—the rigorous curriculum, the warmth, and the various opportunities afforded to the students at HANC. The opening session concluded with a creative and well-re-

ceived student-produced video called "HANC Life."

Parents and students proceeded to classrooms where they attended mini-lessons given by our esteemed faculty members in both *limudei kodesh* and general studies. The program continued with a panel presentation featuring our students, parents, and alumni, guidance and academic showcases, and an interactive and eye-catching activities fair titled "The HANC Palette." Additionally, students had an opportunity to attend an Engineering and Art Expo where they observed our 3-D printer in action, student-produced projects, and an interactive computer engineering program. One visiting student then

commented, "I never realized there are so many opportunities available to choose from in high school." Simultaneously, parents attended a workshop on HANC's integration of technology in the classroom.

At the conclusion of the open house, prospective students and parents



expressed how incredible it was to be able to interact with HANC students, parents, and faculty throughout the morning. One parent remarked, "What an impressive group of students! The ambassadors were pleasant, friendly, and poised. It was refreshing to attend an open house like this. It really gave us a genuine feel for the school."

To schedule an interview or for additional information on HANC, please

e-mail hsadmission@hanc.org or contact Mrs. Miriam Steiner, director of admissions, at 516-538-8161, ext. 30. ❖

Commander Gar Visits Shalhevet

On Thursday, November 20, the students at Shalhevet were privileged to hear from Steve Gar, a commander in the Israeli counterterrorist unit. Commander Gar spoke about the tremendous responsibility the counterterrorist unit has, including being the first responders to terrorist attacks and other suspicious activities. He described the



Commander Steve Gar (center) at Midreshet Shalhevet

intense training that *mefakdim* (officers) in the counterterrorist units must endure. He stated that if anyone shoots a civilian target during practice, they are immediately expelled. The purpose of their training is solely to take out the terrorists and not kill innocent people.

Commander Gar also explained that they are always improving and advancing their defense by learning from tragedies and using their knowledge to prevent future attacks. When the Fogel family, *a'h*, was murdered, an undercover member found the terrorists in a cave and brought them back to the Fogel

stops and walking through the streets of Israel.

Commander Gar shared his passion for protecting his country and his family. As a father, he understands what it means to have your child taken from you, and as a *mefaked*, he knows it is a heavy price to pay to get them back. He also described the fear Israelis have to live with constantly, explaining that he does not go anywhere without a gun and how something as mundane as tying your shoes can put your life at risk during a terrorist attack. Commander Gar relayed two important messages:

understand Israeli culture and recognize the existence of terrorism. "Terrorism is not just a problem in Israel, It's everywhere. It's important for us to look out for each other." ❖

One Problem, One Solution

Nobody likes to say its name, but it's on everyone's mind. Nobody wishes to deal with it, but it's an unfortunate reality for so many. We are referring to "the 'C' word," "*yene machla*," "the disease," or various other ways that people refer to the dreaded illness medically known as cancer. It comes in so many forms, affects so many families, and takes over so many lives.

In response to this disease, the Rofeh Cholim Cancer Society works tirelessly on behalf of cancer patients and their families. Cancer doesn't rest. It doesn't break for Shabbos and *yom tov*, it doesn't take a vacation for the summer, and it doesn't cease for rain or snow. Neither does RCCS. The dedicated individuals who work for RCCS are on call 24/7. Wherever a family in *Klal Yisroel* finds itself staring at a cancer diagnosis, they find RCCS right there beside them—together with them—with hope, help, and healing.

Whether it is paying for a top-rated insurance policy, advocating on behalf of patients against insurance companies, being there with patients in the hospital or caring for the family at home, serving as interpreters in doctors' offices, or planning *chol ha'moed* trips for the children, if cancer caused the problem, RCCS answers the call with a solution. Without fanfare and without waiting for them to ask for help, RCCS is there.

The roster of patients being cared for is long, and in October alone grew by an additional 78 patients, *R'l*. The impossible amounts of money needed to properly care for each patient is beyond belief. The current annual budget is just

home. They had the murderers reenact the killing to show the IDF how they can improve their intelligence. The killers mentioned that they left the house but went back in when they heard the baby crying. The counterterrorist unit was able to teach the IDF how to be better prepared for situations like these and how to prevent them altogether. Commander Gar also shared ways to protect yourself while waiting at bus